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Deliverable D3.2 REPORT Project GOT OUTDOOR



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D3.2. "GoOutThere! Outdoor Challenge"-Serbia report 2

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D3.2. "GoOutThere! Outdoor Challenge"-Serbia report

Dates: 25-28 May 2023

Introduction

The third event of the "GoOutThere! Outdoor Challenge" project took place in Bosilegrad, Serbia, from 25th to 28th May. The participants engaged in adventures and challenges that promoted an active lifestyle in nature. The hosting organization for participants from Bulgaria, Italy, and Greece was the association "GLAS."

Event Description

Participants arrived in Bosilegrad on Thursday and were welcomed with bread and salt, a traditional Serbian gesture of hospitality. In the evening, a photo exhibition featuring pictures of mountain crossings and adventures from project participants was opened. The program continued on Friday and Saturday with various immersive experiences.

Vlasina and Vlasina Lake were selected by the organizers for the first challenge, in which all participants competed individually. The goal of the hike was to reach the Chemerik peak. Vlasina Lake covers an area of 16 square kilometers and is located at an altitude of 1211 meters, making it the highest and largest artificial lake in Serbia. The area is home to rare bird species, ducks, cormorants, and unique plants that thrive in an ecologically clean environment. Local youth actively participated in the hike, sharing interesting and intriguing facts about the Vlasina region with the guests.

The following day, the route included visits to the Bosilegrad village of Belut, the "8th Day" farm, and the village of Izvor. The total length of the hike was around 13 kilometers. The village of Izvor was chosen by the organizers as the final destination of the tour. Participants learned about the history, traditions, and customs of the populated place, as well as the beginning of education in the Bosilegrad region in 1835. They visited the "St. Trinity" church and the local primary school.

A walking tour of Bosilegrad followed, during which the initiative's participants learned details about the city's history, past, and present. At the end, all participants received certificates for their successful performance and as a memento of their stay in Bosilegrad.

Participants

A total of 22 participants took part in the "GoOutThere! Outdoor Challenge" in Serbia. The diverse group consisted of individuals from the partnering countries and included tourists and local citizens from Bosilegrad and neighbouring area.

Objectives Achieved

the event successfully achieved its objectives by providing participants with opportunities to engage in outdoor sports, increasing their physical activity levels, and promoting inclusivity and diversity. Through immersive experiences and engaging challenges, the "GoOutThere! Outdoor Challenge" event in Bosilegrad inspired individuals to embrace a healthy and active lifestyle in nature.

Conclusion

The "GoOutThere! Outdoor Challenge" event in Bosilegrad, Serbia, successfully promoted a healthy lifestyle and outdoor activities among participants from different countries. The immersive experiences allowed participants to connect with nature, learn about the local culture, and challenge themselves physically. The project's objectives of increasing physical activity levels and providing equal access to outdoor adventures were achieved through engaging activities and educational experiences.

Gallery



Agenda

The meeting was conducted as follows:

- 26 May 2023: Opening, Event Instructions & Setup; Vlasina Challenge
- 27 May 2023: Bosilegrad Adventure
- 28 May 2023 – Closing & Departures

Venue: Association GLAS office, Bosilegrad, Serbia

Partners info

The event gathered participants from all included organisations:

- Coordinator – UDRUZENJE GLAS GRUPA LIBERALNIH AMBICIOZNIH I SOLIDARNIH (GLAS)
- Eprojectconsult - Istituto Europeo di Formazione e Ricerca
- Expert Pool - Bulgaria
- EVROPAIKI POLITEIA ("Kallipolis")

Visibility & dissemination

Here are links to some of the publications on the event:

- [БТА :: Събитие по проекта „Излез навън, предизвикателства на открито“ се проведе в Босилеград \(bta.bg\)](#)
- [След Атина и София, Босилеград посрещна участниците в проекта „GoOutThere! Outdoor Challenge“ \(Видео\) * ГЛАС ПРЕСС \(glaspress.rs\)](#)
- <https://youtu.be/crjpd2rAtVc>
- <https://youtu.be/zhMxn7icJEg>
- [Босилеград посрещна участниците в проекта „GoOutThere! Outdoor Challenge“ след Атина и София – Far](#)
- <https://expertpool.bg/%d0%bf%d1%80%d0%be%d0%b5%d0%ba%d1%82%d1%8a%d1%82-gooutthere-%d1%81%d0%b5-%d0%bd%d0%b0%d1%81%d0%be%d1%87%d0%b2%d0%b0-%d0%ba%d1%8a%d0%bc-%d0%b7%d0%b0%d0%bf%d0%b0%d0%b4%d0%bd%d0%b8%d1%82%d0%b5-%d0%bf/>
- <https://expertpool.bg/%d0%bf%d1%80%d0%b5%d0%b6%d0%b8%d0%b2%d1%8f%d0%b2%d0%b0%d0%bd%d0%b8%d1%8f-%d0%bd%d0%b0-%d0%be%d1%82%d0%ba%d1%80%d0%b8%d1%82%d0%be-%d0%bf%d1%80%d0%be%d0%b5%d0%ba%d1%82%d1%8a%d1%82-gooutthere-%d1%80/>
- [European Republic \(europeanrepublichellas.blogspot.com\)](#)
- [Go Out There Serbia 25-28.05.2023 Erasmus+ Bulgaria,Greece,Italy, Serb... | TikTok](#)
- <https://eprojectconsult.com/go-out-there-outdoor-challenge-in-serbia/>
- <https://www.linkedin.com/feed/update/urn:li:activity:7067134864382205952>
- <https://www.facebook.com/EProjectConsult/posts/pfbid02n1AhYgruKspJ8d517Jh9HXHjhKK95Rp9AEJ6QhqePCaofHGwUwpsAVxesoEJwjzgl>
- <https://eprojectconsult.com/after-athens-and-sofia-bosilegrad-welcomed-the-participants-in-the-project-gooutthere-outdoor-challenge/>
- <https://www.facebook.com/EProjectConsult/posts/pfbid038EdkhUFBDJ46xzhbGrPZ7bufu7bSeHFrJQuaQhNUHdZkV99P78xicbLy1pbGXLRyI>
- <https://www.linkedin.com/feed/update/urn:li:activity:7069321692749119488>

Additional visibility to the event and the project funding was brought by a flag, brochures, t-shirts, hats, bags as well as the content items in the activities.



Feedback & Evaluation



The feedback from the participants was in overall positive, evident from the provided feedback on each activity. The participants were invited to fill in a survey at the end of each activity, which was used to evaluate the outcomes from their participation and to gather key data for the final report. The summary of the key findings is annexed to this report.

Bosilegrad Adventrue Data

Average playing time: 4 hours 3 minutes
7 seconds

Average score: 780

Rating of the activity by the participants:

- ★★★★☆ Overall rating
- ★★★★☆ Fun
- ★★★★☆ Variety
- ★★★★☆ Places of interest
- ★★★☆☆ Difficulty
- ★★★★☆ Informative

Vlasina Challenge Data

Average playing time: 5 hours 31
minutes 17 seconds

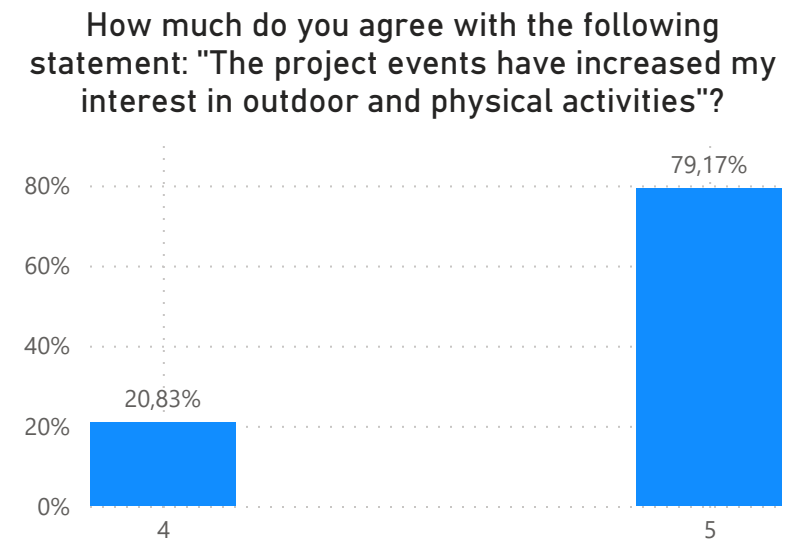
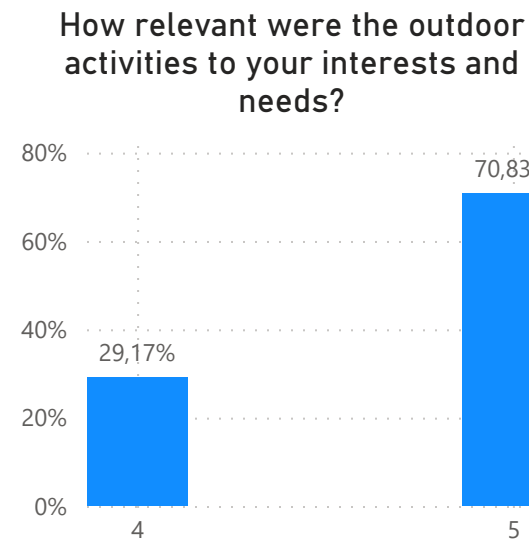
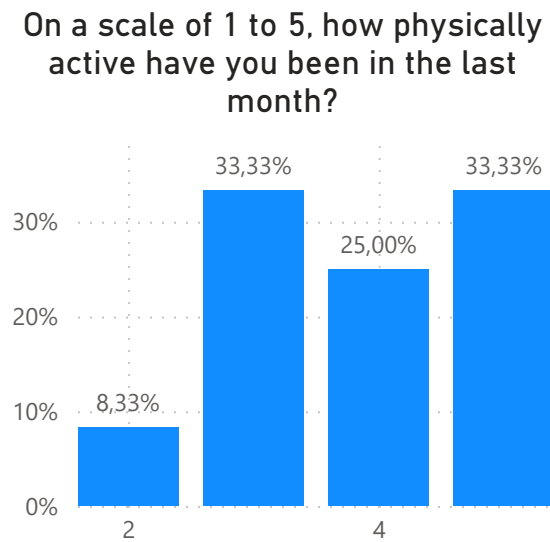
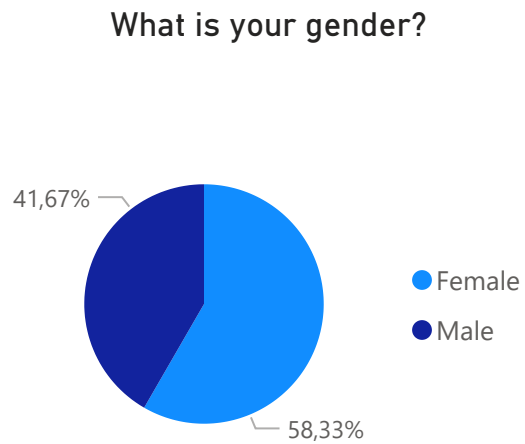
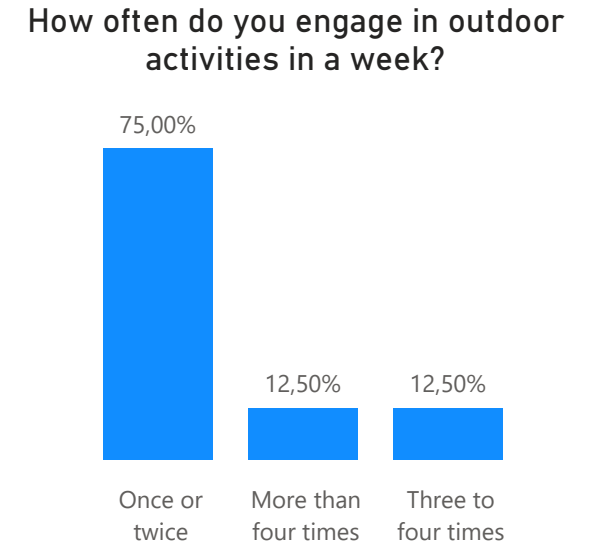
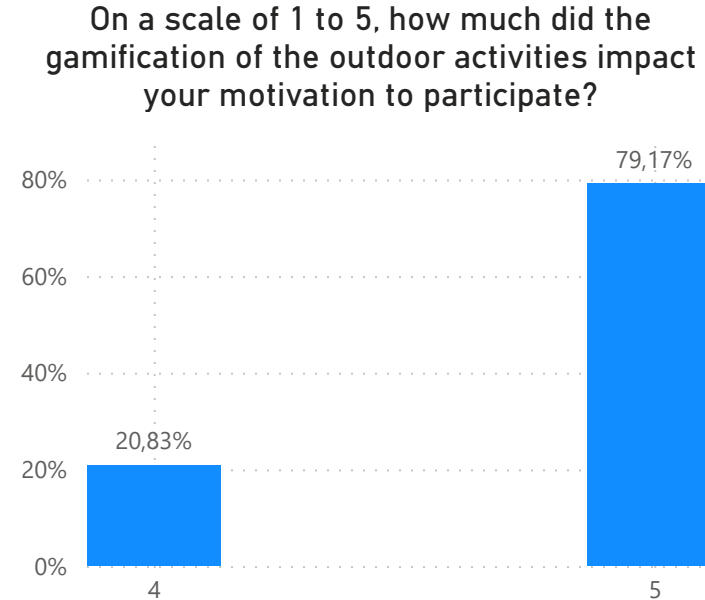
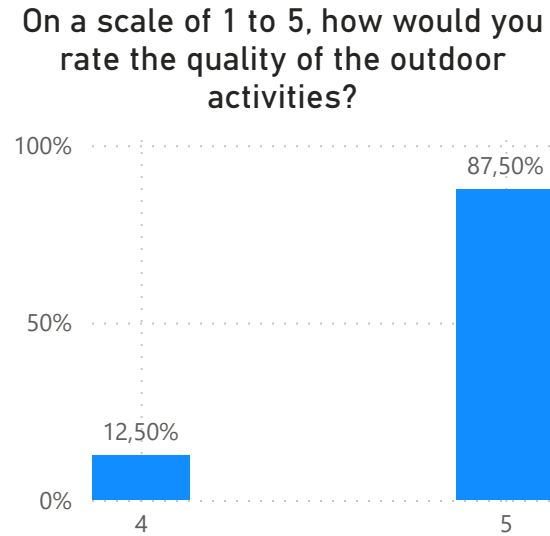
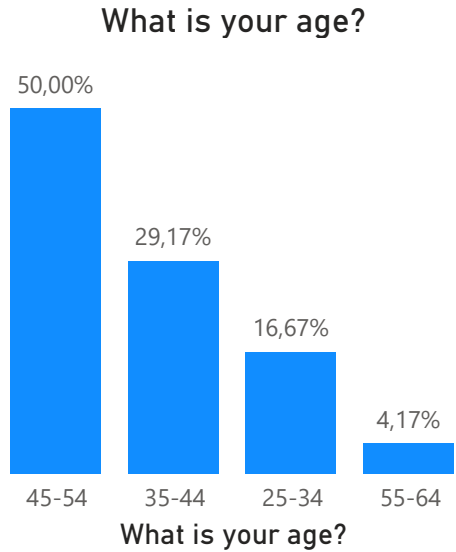
Average score: 150

Rating of the activity by the participants:

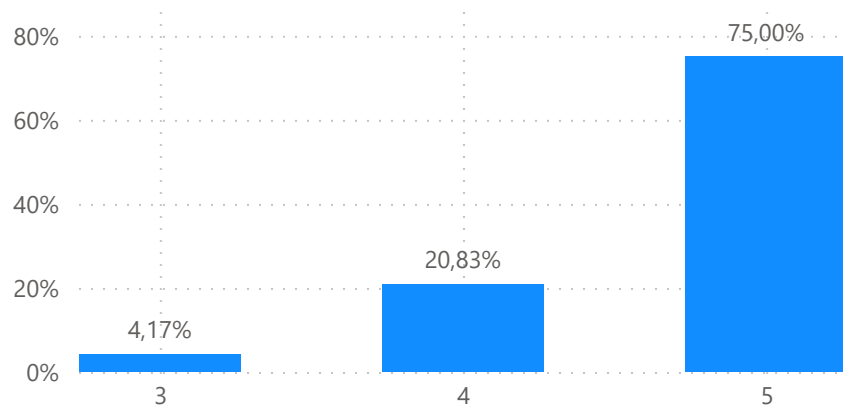
- ★★★★☆ Overall rating
- ★★★★☆ Fun
- ★★★★☆ Variety
- ★★★★☆ Places of interest
- ★★★☆☆ Difficulty
- ★★★★☆ Informative

Annexes

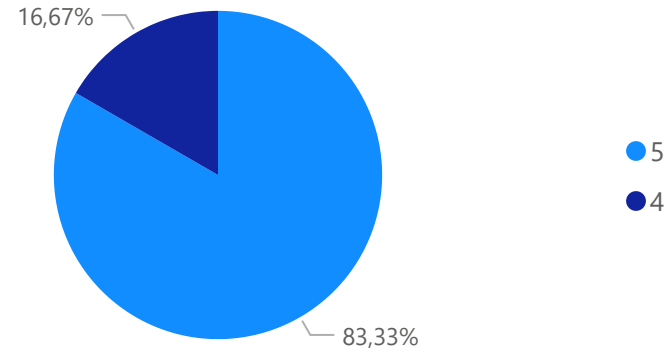
- Annex 1: Serbia Event Evaluation



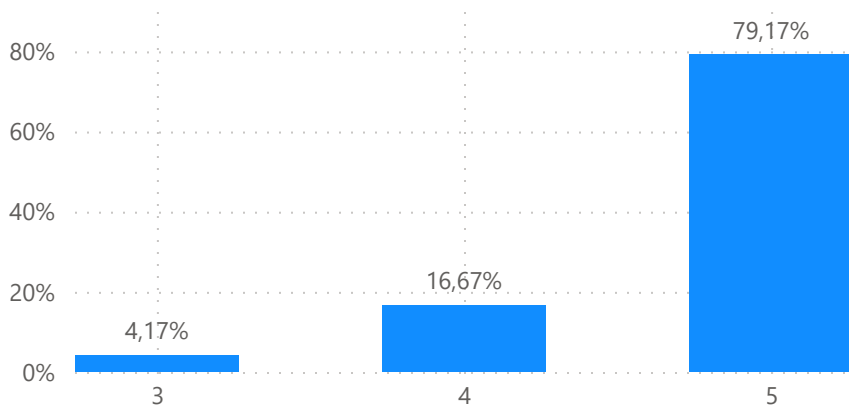
How much do you agree with the following statement:
"The project events have helped me learn new skills
related to outdoor activities"?



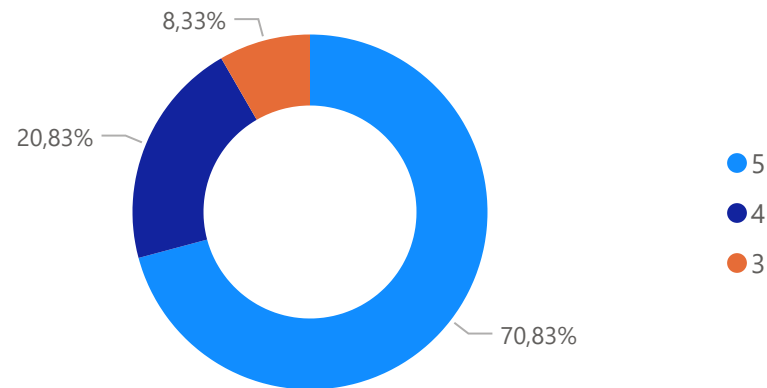
How much do you agree with the following statement:
"The project events have had a positive impact on my
overall physical and mental well-being"?



How much do you agree with the following statement:
"The project events have helped me feel more confident
in my ability to engage in outdoor activities"?



How motivated are you to participate in more outdoor and
physical activities after attending the project events?



How likely are you to participate in
similar outdoor and physical
activities in the future?

